To-Do List

Use the To-Do list below to help keep yourself on track with your unemployment insurance claims activity. Failure to complete required activities as directed will stop your claim and may result in the loss of benefits.

When you file an unemployment insurance benefits claim you must:
- Complete weekly certifications online or by phone to receive benefit payments. (See page 6.)
- Respond to information requests by the designated deadlines. (See page 21.)

If you are not returning to your employer and/or if you are required to do weekly job contacts, you must also perform the following activities as outlined below:

Within 10 days of filing your claim:
- Create or update your resume online at jobsnd.com. (See page 17.)

Each week, starting the week you file your claim:
- Complete a minimum of four (4) job contacts (or the number assigned to you) each week. (See page 15.) Use the Job Contacts forms in this guide to record your activity. (See pages 31-34.)
- You must report employment, self-employment, and other earnings when you certify each week. Non-reporting of earnings can result in an overpayment, penalties and potential for one year fraud determination. (See pages 8-10, 28)

No later than the due dates indicated in the information Job Service provides:
- Complete your reemployment activities online at jobsnd.com, if directed. Review your reemployment schedule on jobsnd.com for required activities and due dates. Schedule and complete the interview workshop in your nearest Job Service office. (See page 20.)
- Contact your case manager on the date and time scheduled if you have been selected to participate in case management activities. (See page 20.)

Your resume will expire after 90 days. Keep your resume up-to-date and active to prevent a stop on your unemployment insurance claim:
- Update your resume online at jobsnd.com. (See pages 17.)

You will need two different logins and passwords to complete online activities – a State of North Dakota login and password for unemployment insurance activities and a login and password to create your resume on jobsnd.com. Memorize your login information or keep it in a safe place since you will need it each time you log in.

Unemployment insurance claims are processed online at jobsnd.com. Call or visit a Job Service office for employment assistance and assistance with the UI ICE unemployment insurance online system.
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Introduction

This Unemployment Insurance Claimant Guide provides an overview of the benefit provisions of North Dakota unemployment compensation law. This guide is not intended to be your sole source of unemployment insurance information, nor is it a substitute for North Dakota unemployment compensation law. It is your responsibility to understand and follow the instructions provided in this guide and to seek answers to questions you may have. For more information and answers to specific questions visit jobsnd.com.

This guide provides instructions and directions on things like filing or reopening your claim, weekly certifications, and completing eligibility requirements. It also explains your rights and responsibilities under North Dakota unemployment compensation law. Read this guide carefully. You can only receive benefits if you meet all of the outlined requirements.

Disclosure of Information

State law provides that information Job Service obtains from you and your employers shall be held confidential and not be open to public inspection or disclosure, except as authorized by law. Notice: Confidential information collected from you as part of the unemployment insurance process may be requested and used for other governmental purposes, including, but not limited to, verification of eligibility under other government programs as required by law.

This Disclosure of Information provision also applies to your spouse, friends, and relatives. If you have a question or problem with your unemployment insurance benefits claim, YOU are the only individual to whom Job Service North Dakota will provide any information concerning your claim.

What is Unemployment Insurance?

Unemployment insurance is temporary financial assistance you may be eligible to receive if you become unemployed through no fault of your own (as determined by federal and state law) and you meet other eligibility requirements. Unemployment insurance is funded entirely by employers’ unemployment insurance program tax contributions. It is intended to provide partial wage replacement while you search for a new job or return to work.

How To Receive Unemployment Insurance Benefits

There are three steps you must take in order to receive unemployment insurance benefits.

1. File or reopen a claim.
2. Complete weekly certifications.
3. Meet all eligibility requirements as required based on your unemployed status.
File a Claim

You must file a new claim or reopen an existing claim online at jobsnd.com or by calling the automated phone system in order to receive unemployment insurance benefits. Your claim is effective the Sunday of the week in which you file your claim. **Job Service cannot backdate your claim.**

Your unemployment insurance benefit claim is good for one year based on the effective date of your claim. This 52-week period is called your benefit year. Once your benefits are exhausted for your benefit year, you must wait until the end of your benefit year before you can file a new claim in North Dakota. If you exhaust your North Dakota benefits and have earnings in another state, you may be eligible to file a claim in that state. If you have not used all the benefits in your benefit year and return to work, you can reopen your claim within the benefit year.

<table>
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<th>Sunday</th>
<th>Monday</th>
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Your claim’s effective date is the Sunday of the week in which you file your claim.

| 14     | 15     | 16     | 17     | 18     | 19     | 20     |

| 21     | 22     | 23     | 24     | 25     | 26     | 27     |

| 28     | 29     | 30     | 31     |        |        |        |

If you file your claim on any day of the week outlined in bold above, your claim’s effective date will be the 7th of the month.

Job Service will ask you and your employer(s) questions concerning the reason you are no longer employed to determine if you are eligible to receive benefits. The time this eligibility process takes varies and depends on the circumstances of your separation. Job Service must allow all parties involved appropriate time to respond to the questions asked of them. Generally, the sooner you and your employer(s) respond to questions, the sooner a decision on your claim can be made.
Types of Unemployment Insurance Claims

**Combined Wage Claim**
If you worked in North Dakota and any other state(s) and choose to use all your wages, you may be able to combine your wages and file a claim in North Dakota or any of the other states in which you have wages.

**Unemployment compensation for Ex-Military Personnel (UCX)**
You may be entitled to unemployment insurance depending upon the length of your service in the armed forces and the nature of your discharge. If you separated from the armed forces within the last two years, submit a copy of your DD-214 when you file your claim.

**Unemployment Compensation for Federal Employees (UCFE)**
If your unemployment insurance is based on your federal civilian wages, Job Service will receive reports from the federal agency verifying your status, wage records and official duty station.

On rare occasions, the federal agency may not provide information to Job Service in a timely manner. To ensure any payment due is made promptly, you may fill out the ES-935 Claimant’s Affidavit of Federal Civilian Service Wages and Reason for Separation — UCFE form in the back of this guide. Credible evidence such as your SF 50, Earnings and Leave Statement, and/or a W-2 must be submitted with your ES-935 form. To ensure that the proper federal agency was contacted, please provide a copy of your Standard Form 8 (SF-8).

How Much Will You Receive in Benefits?

Your Weekly Benefit Amount is based on wages you earned from liable employment during your Base Period. (See “Base Period” on the next page.) **Your approximate weekly benefit amount will be the total of your highest two and one-half quarters of base period earnings divided by 65.** The maximum and the minimum benefit amounts are determined by law and are subject to change each July. You can review the Unemployment Benefit Chart in the Documents section on jobsnd.com.

Your earned wages also help determine the duration of your claim and the maximum benefit amount you can receive. North Dakota state law determines the duration ratio which establishes the number of weeks you will receive benefits. The total number of weeks you can receive benefits ranges from 12 to 26 weeks. This duration is calculated by dividing the total number of wages in your base period by your highest quarter.

If you report earnings, or have other reductions to the benefits paid to you each week, you may actually receive benefits for more weeks than the number calculated by your ratio. However, you will not receive more benefits than your original maximum benefit amount. After filing your claim, you will receive a **Monetary Determination** letter that outlines your weekly benefit amount and the duration of your unemployment insurance claim. You should receive your monetary determination within 5 business days of filing your claim.
Base Period
The amount of unemployment insurance you can receive is based on the wages paid to you during your base period. Base period is defined as the 12-month period consisting of the first four of the last five completed calendar quarters preceding the date that you filed your claim.

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<tr>
<th>If you filed your claim in calendar month:</th>
<th>Your base period is the previous:</th>
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<tbody>
<tr>
<td>January, February, March</td>
<td>October 1 through September 30</td>
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<tr>
<td>April, May, June</td>
<td>January 1 through December 31</td>
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<tr>
<td>July, August, September</td>
<td>April 1 through March 31</td>
</tr>
<tr>
<td>October, November, December</td>
<td>July 1 through June 30</td>
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Canceling a Claim
You can request to have your claim cancelled as long as:

• Your request is in writing,
• Your request is postmarked or received on or before the appeal date noted in your monetary determination letter, and
• No non-monetary determinations have been issued for your claim

Mail your request to Job Service North Dakota, P.O. Box 5507, Bismarck ND, 58506-5507 or fax it to 701-328-2728.

Reopening a Claim
When you initially file your claim, a benefit year is established for you. Your claim is available for you to access during this year. If you return to work or quit certifying for more than two consecutive weeks, your claim becomes inactive. Your claim is available to be reopened should you become unemployed again during the year. In order to receive benefits after your claim has gone to inactive status, you must first reopen your claim.

Once your claim is inactive, you MUST reopen your claim during the week you wish to be paid in order to receive benefits. Your claim becomes effective the Sunday of the week you reopen your claim. Backdating a claim is not allowed. Please note that for Unemployment Insurance purposes, the week always starts on Sunday and ends on Saturday.

You can reopen your claim online at jobsnd.com, or by calling the automated phone system.

Moving Out-of-State While Receiving Benefits
If you move, update your mailing address and phone number so you can continue to receive important correspondence and your 1099-G.
Weekly Certifications

Establishing your unemployment insurance claim does not start payments to you. You must maintain your eligibility and complete a weekly certification in order to continue receiving unemployment insurance benefits each week. Weekly certification is the process used to verify that you were unemployed during the week and are eligible to receive a benefit payment.

Simply answer a series of questions, online or by phone, to let Job Service know if you:

- Were able and available for work.
- Refused or missed work.
- Worked during the week.
- Were self-employed.
- Made job contacts (if required).
- Separated from employment.
- Received pay.

If you complete your certification online, you will find the link to certify under “My To-Do List” on the main menu of UI ICE. Complete your weekly certifications in order and without skipping any weeks – even if you know you will not be eligible during any given week.

It is important to certify within the time frames outlined in this guide to avoid having to reopen your unemployment insurance claim for further benefits.

Waiting Week

Generally, the first week you file your claim (or a subsequent week depending on the requirements listed below) is your waiting week. Your waiting week is based on state law and gives Job Service North Dakota the opportunity to gather necessary information to help ensure the proper payment of benefits.

You must still perform your weekly certification for your waiting week and meet all other eligibility requirements in order to be eligible for future benefits. Your waiting week will be completed once you certify for a week in which you:

- Work less than full-time.
- Earn less than your weekly benefit amount.
- Meet all eligibility requirements for the week.

You will serve only one waiting week in your benefit year and you will never receive benefits for your waiting week. A week cannot be your waiting week if you are disqualified for any reason during that week.

Personal Identification Number (PIN)

Use the Personal Identification Number (PIN) you established when you filed your initial claim to complete your weekly certification and to access certain other unemployment insurance services. If you don’t have a PIN, call the Claims Center during business hours and select to transfer to speak with a claims center representative. The representative can give you a PIN to use with the online and phone systems.
When to Certify:
The calendar week for unemployment insurance purposes always starts on Sunday and ends on Saturday. Your certification generates your payment if you meet all other eligibility requirements, so be sure to follow these guidelines:

- Certify after the week has ended.
- Certify within 13 days of the Saturday of the week in which you started your claim, or within 13 days of the Saturday of the last week you previously certified.
- Certify by 10 p.m. on the 13th day.
- Consider certifying the same day each week to avoid missing the certification deadline.

The Weekly Certification Calendar below provides an example.

1. The claim was filed on Tuesday (9th).
2. The calendar week ends on Saturday (13th).
3. The soonest you can certify is Sunday (14th).
4. You must certify by 10 p.m. on the 13th day (Friday, 26th).

<table>
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<th>Weekly Certification Example</th>
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<td>Sunday</td>
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<td>#3 Soonest you can certify</td>
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<td>21</td>
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#3 Soonest you can certify

# 4 13th Day. Certify by 10 p.m.
Important Notes about Certification

• You cannot certify a week for another person, nor can anyone else certify for you.

• Choose “My To Do List” to get to the “Certify” link if you are certifying online.

• If you are eligible to certify two weeks, you will be given the option to certify the second week after you have completed the certification process for the first week.

• If you return to work for more than 3 weeks, stop certifying. To resume benefit payments, you will need to reopen your claim the week you are laid off again.

• The online and phone systems will prompt you to provide your earnings in the following categories:
  
  • Gross earnings received from employment with an employer(s).
  • Self-employment earnings (includes farming and commission earnings).
  • Vacation or bonus earnings (includes lump sum payout of accrued sick leave or annual leave, disability insurance benefits, incentive or piecework pay, or severance pay if required).
  • Holiday or sick leave earnings (earnings you receive if you continue to be employed and are receiving these earnings from your employer).

• If you return to temporary employment (1-3 weeks), continue to certify each week regardless of your earnings, making sure to report your earnings for the week.

• After your certification is complete, your information is immediately entered into our computer system. If you are eligible, your payment will be processed the following business day. If you certify on a weekend, your payment will be processed on Tuesday.

• Excess Earnings: You can earn up to 60 percent of your weekly benefit amount without affecting the weekly benefit you receive. Every dollar over 60 percent is deducted dollar for dollar, until you earn your weekly benefit amount. If you earn wages equal to or greater than your weekly benefit amount, no payments will be issued for the week. You must work all available hours.

Reporting Earnings

You must report all of your earnings for the week when you perform your weekly certification. If in doubt about when to report earnings, you should report the earnings and then contact the Claims Center. This will help you avoid an overpayment of benefits, which you would be required to repay.

You must report gross earnings, not net earnings unless otherwise specified. Gross earnings are earnings prior to payroll deductions. To report your earnings, take the number of hours worked and multiply them by your hourly wage. Earnings should be reported in the week earned, not the week paid. There are some exceptions to this. Please see the following types of earnings.
When to Report Common Types of Earnings:

Regular Pay
Report regular pay in the week in which it was earned, even if you do not receive payment for the wages until a later date. Normal pay includes such pay as hourly, weekly, and monthly pay, shift differential, project differentials, tips and commissions.

Holiday Pay
Report earnings in the week the holiday occurs.

Sick Leave Pay
Report earnings in the week sick leave is taken; or report earnings in the week received (when received as a lump sum payout of accrued leave).

Vacation or Annual Leave Pay
Report vacation or annual leave pay as outlined below:
- If you can identify the specific day(s) within a week that get paid vacation or annual leave pay, then report that amount for the week in which the day(s) or hours fell.
- If you were able to direct the employer to pay vacation or annual leave pay for a specific number of hours within a specific week, then report that amount for the week in which the day(s) or hours fell.
- If you cannot identify the day(s) or could not direct the employer to pay for a specific number of hours within a specific week, report the earnings for the week in which you actually receive payment.
- If you are receiving a lump sum payout of vacation or annual leave pay, report the earnings for the week in which you actually receive payment.

Bonus Pay
Report bonus pay in the week received unless it is considered part of your regular pay. Bonus pay is pay that is in addition to your regular pay and may be in the form of a Christmas bonus, year-end bonus, early completion bonus, etc.

Severance Pay
Report severance pay in the week it is received or as indicated in the non-monetary determination letter issued by Job Service. If you receive severance pay not previously reported to Job Service, contact a claims center representative.

Disability Insurance Benefits
Report disability insurance benefits for the week in which the benefit payment was intended. You are required to report disability insurance benefits when your employer has paid the insurance premium for you. If the disability insurance benefit payment is not weekly, then it must be converted to a weekly amount. For example, if the payment is monthly, convert the number to a weekly amount by multiplying the monthly amount by three and dividing the resulting number by thirteen.
Commissions
Report the actual gross commissions earned for each week worked. If you are unable to establish the actual commission amount, report an estimate. Base your estimate on the minimum wage you designated with Job Service North Dakota as acceptable for work multiplied by the number of hours worked. If you report the value based on this calculation, send a copy of the check stub, or some other documentation, that will verify the actual amount when you receive it. Your records and benefit amounts will be adjusted accordingly.

Income from Self-Employment
Report your net income from self-employment in the week in which it is earned. If you are unable to establish the actual amount, report an estimate by multiplying the wage for which you are willing to accept work by the number of hours you actually worked in self-employment. The estimate should be based on the minimum wage you designated with Job Service North Dakota as acceptable for work multiplied by the number of hours you worked and must never be less than the federal minimum wage.

If you report the value based on this calculation, send a copy of the check stub or some other documentation that will verify the actual amount when you receive it. Your records and benefit amounts will be adjusted accordingly.

Other Earnings:
Earned or received income – Money, room, board, or other form of value.

Back pay – Considered wages for the weeks covered. Notify Job Service North Dakota that you are seeking or will be receiving back pay when you file your claim. If you received back wages for these weeks, you may have to repay all or some of the unemployment insurance benefits you received.

Farming or ranching income – Calculate your net income by multiplying the number of hours worked by the minimum wage you designated as acceptable for work.

Incentive or piecework pay – Report the week you receive payment.

Access Unemployment Insurance Services: Online or by Phone

You can file your claim, complete weekly certifications, change your PIN, update your tax information, change your payment option, and check the status of your claim online at jobsnd.com and by calling the automated phone system at 701-328-4995 (TTY: 800-366-6888).
Some unemployment services and activities can only be accessed online through the unemployment insurance system on jobsnd.com:

- Complete eligibility reviews
- Check your To-Do list
- Change your demographics
- Complete online fact-finding
- Complete online reemployment activities
- View correspondence

**System Availability**
The unemployment insurance online and phone systems are unavailable from 10 p.m. to midnight (CT), Monday through Friday and periodically for system maintenance.

**Online Services**
It’s easy to use unemployment insurance online services when you follow the instructions below:

2. Click “Unemployment Benefits” which takes you to the “Unemployment for Individuals” page.
3. Learn more about different unemployment insurance topics, or log in to the secure Unemployment Insurance Internet Claims Entry system, **UI ICE**.
4. Click “Log into **UI ICE**” and you will arrive at the North Dakota Login screen.
5. Create a State of North Dakota Login ID. If you previously registered online for another state service such as buying a hunting or fishing license, you may already have a North Dakota Login ID. If so, enter your Login ID and Password. If not, click the “Register Now!” link, complete the login form, read the terms of use, and click “Create Account” at the bottom of the page.

6. Click the link to the login activation page included in your confirmation email; then enter your Login ID and Password to activate your account.

7. Enter your Social Security number and date of birth; then press submit.

8. You will arrive at the unemployment insurance online system main page where you can file or reopen a claim, check job openings, and view correspondence, determinations/appeals and current news.

You can also select My To Do List to see a calendar with items you need to complete including weekly certifications, eligibility reviews, fact finding questions, reemployment services and the like.

Under My Claim Info, you can view claim status information such as your benefit year end date and your balance, determinations and appeals information, wage history, the most recent certification/payment information, payment history, forms, resources and your personal 1099-G tax information. You can also change your demographics information, PIN, tax information and recent earnings.

When you choose Payment Option, you will be able to select debit card or direct deposit or change your banking information.

E-Alerts give you the option to receive emails and/or text messages to:

- Remind you of required due dates.
- Notify you of news items concerning unemployment and reemployment activities.
- Inform you when you have new notifications (monetary or non-monetary determinations, fact-finding letters, appeals letters, etc.) to view online.

Job Service will not mail notifications that you select to receive via E-Alerts.

If you file a claim or complete your weekly certification on the UI ICE system, you will be assigned a claim or certification number on the upper right-hand corner of the page. Please write the number down in a safe place and save it for your records.

Internet Notifications and Required Follow-Up Actions
The last page of the online application is your confirmation page. It will state that your claim or certification has been completed and will give you a confirmation number. Unless you receive a confirmation number, your claim or certification is not complete and will not be processed. Make sure to print a copy of the confirmation page.
The confirmation page may include a list of items you need to complete in order to receive benefits. It is important that you follow the instructions to avoid benefit payment delays or possible denial. Refer to your “To Do List” for a complete lists of tasks and their corresponding due dates.

**Leaving or Logging Out**

Be sure to “Log Out” from the online system when you are finished. You can return to the site and complete your activity during the same week you began the activity. If you close your browser or experience computer or Internet access problems that cause you to be disconnected, any data that has not been saved will be lost. Important: If you do not complete your activity prior to Saturday at 11:59 p.m. Central time in the week that you began your activity, your data will be lost.

**Timeouts**

You must press Save/Continue at least once every 30 minutes or you will be logged off the online system. You may be actively typing, but until you press the Save/Continue button, your session is considered inactive. If a timeout occurs and the system logs you off, the entries you made since your last save will be lost. The system will prompt you when your session is about to time out. Select OK to prevent the timeout action from happening.

**Navigation**

Do not use your browser’s “Back” button when navigating within the unemployment insurance online system. Your **UI ICE** connection and any unsaved data may be lost, and you could have to log in again. Navigate within the online system using the “Previous” and “Save/Continue” buttons available on each page.

**Phone Services**

Call the automated phone system at 701-328-4995 (TTY: 800-366-6888) to file a claim, reopen an existing claim, complete your weekly certification, check the status of your claim, change your PIN, update your payment or tax information, make earnings changes or ask a question.

Job Service uses an Interactive Voice Response (IVR) system to help process phone calls. The system will prompt you to answer several identifying questions as well as questions regarding your eligibility for benefits. Listen carefully to the prompts you receive. Although almost any phone will work, rotary phones and speaker phones are not recommended. If you are using a cell phone, stay within an area with a strong signal and be aware that there are security concerns.

You can respond to the phone system questions by speaking your answers or by using the keypad of your touch-tone phone. The system is sensitive and may pick up background noises so make every effort to call from a location with little background noise.
If you are disconnected when filing your claim and call to complete your claim the same week, you will be asked if you wish to resume your claim. Say “yes” and the questions will resume where you left off. If you are disconnected during a certification, simply call again and repeat your information. **Do not hang up until you are told your claim or certification has been accepted.**

**Basic Eligibility Requirements: Covered Employment and Unemployment**

You must meet the eligibility requirements set forth by the Unemployment Insurance Program in order to receive unemployment insurance benefits. These conditions help ensure that payments are only made to individuals eligible to receive benefits.

**Covered Employment**
You must have worked for a liable employer under the North Dakota Unemployment Insurance program. Not all employers are considered liable or covered employers. Liable employers are required to pay unemployment insurance taxes on the wages they pay out.

**Unemployed**
The definition of an unemployed week is a week during which an individual is substantially unemployed, and the gross wages earned during the week are less than the individual’s weekly benefit amount. You may receive Unemployment Insurance benefits if you are working part-time and earn less than your weekly benefit amount.

**Basic Eligibility Requirement: Available for Work**

You must be available for recall at the employer’s request if you are returning to the employer that laid you off. If you are not returning to the employer that laid you off, and/or you are required to search for work and make job contacts, you must be immediately available to accept any work suitable to your training, experience, and capabilities.

Being available for work is an important part of receiving unemployment insurance benefits. You are not considered to be available for work – and therefore not eligible to receive benefits – if such things as lack of transportation or lack of child care prevent you from being able to take a job. You must also be willing to accept suitable employment for which you are qualified.

You are not eligible to receive benefits for any time you are out of the area on vacation or personal business, unless your time away is for job search reasons. If you plan to be out of the area for one to two weeks and draw unemployment insurance benefits once you return, continue to complete your weekly certifications, even for the week(s) you are gone. When certifying, answer “No” to the question about your availability. This will keep your claim open, but you will not receive benefits for the week(s) you are not available.

If you plan to be out of the area for more than two weeks, stop certifying and reopen your claim when you return.
It is not necessary to call if you plan to be away from home on weekends or if you are available to immediately accept work.

**Basic Eligibility Requirement: Able to Work**

You must be physically able to work at the time you file your unemployment insurance claim.

**Basic Eligibility Requirement: Suitable Work**

Job Service North Dakota generally will not consider work to be suitable if:

- The work presents a degree of risk to your health, safety or morals.
- The work is not compatible with your prior training and experience.
- The work is outside your labor market area, unless opportunities for employment do not exist within your labor market area.
- The wages, hours, or other conditions of employment are substantially less than those common to the occupation in your labor market.
- The work is available because of a strike or labor dispute.

Note: The standard of suitable work changes if you have been receiving unemployment insurance benefit payments for 18 consecutive weeks. If wages offered by an employer offering work are equal to or greater than your weekly benefit amount, your refusal to accept work could cause you to become ineligible for benefits from that point forward.

**Basic Eligibility Requirement: Job Contacts**

You must actively search for work if you are not returning to the employer who laid you off and/or if you are required to search for work and make job contacts. This is required for each week you wish to receive benefits – *including your waiting week*. Begin making your job contacts the same week that you apply for benefits. The purpose of a job contact is to become employed.

You must make a minimum of four acceptable job contacts in each calendar week. Depending on the availability of jobs in your field and location, you may be required to make more job contacts. Job contacts are contacts you make with employers for positions you are willing to accept. You may contact employers in person, by mailing a resume or job application, or online via the Internet. Phone contacts are only acceptable if the employer requests it as a method of contact.

Acceptable job contacts are verifiable, made with an identifiable employer, and made for positions you are willing to accept. Job Service verifies a selection of job contacts to ensure that acceptable contacts are being made. In-person job contacts must be made with the company’s hiring authority. All other job contacts must be made in the manner set by the employer.
Job contacts are not acceptable if:

- You do not know the identity of the employer.
- The in-person contact is with someone not in a hiring capacity.
- The contact is made for the purpose of obtaining self-employment.
- You post a resume with an online recruiting firm without applying for a specific position.
- The contact is for the same job for which you already applied (For example, if you apply for a specific job one week and interview for the same job the next week).

You can list an employer as a job contact twice during each four-week eligibility review period – regardless of how many times you apply for different jobs with an employer during an eligibility review period. Fill in the Job Contacts Record forms in the back of this guide completely as this information will be used for verification purposes. You are required to keep a record of your job contacts for one year. These records must be stored for this period of time in the event that you are selected for an audit of your claim.

**Returning to Work**

If you are offered a job, the start date is within four weeks and you wish to be excused from making further job contacts, you must submit a letter or e-mail from your new employer or a copy of the letter of offer. The letter/e-mail must include your name, the name and address of the employer, the position title, the hours to be worked, and your start date. After Job Service receives the letter, a decision will be made as to whether or not you need to continue making job contacts. **Continue to make your job contacts and complete any eligibility review or reemployment activities until Job Service notifies you to stop.**

You may still be able to receive benefits until you begin your new job, even if you are offered a position but will not begin immediately. Depending upon the day of the week that you start your new job, you may also be eligible to receive benefits for the week that you return to work. When you complete your certification, you need to report all of your gross income for the week.

**Basic Eligibility Requirement: Resume**

You must register for work by completing at least one online resume at jobsnd.com within 10 days of filing or reopening your claim if you are not returning to the employer that laid you off, and/or you are required to search for work and make job contacts. Failure to have an active resume online will result in a stop on your claim and may result in a loss of benefits. Job Service will consider your reasons and determine whether or not you have good cause for not completing your resume within the designated time frame.
You must complete a resume at jobsnd.com if you live in North Dakota or normally commute to work in North Dakota. Your resume must reflect the type of work that you most recently completed, be accessible to employers and include your name, contact information and employment history. If you live in another state and do not normally commute to work in North Dakota, you must register for employment at the nearest public employment office in your state of residence.

Be sure to highlight your skills, education, and employment background to draw the attention of employers. Visit a Job Service North Dakota office (see inside back cover for locations) for resume-writing assistance.

**To Post a Resume**

1. Go to jobsnd.com and click on the “Find a Job” link.

2. You will arrive at the online job search login page. Log in with your existing username and password (if you previously registered), or create a new username and password by clicking the “Not Registered?” link. (Go to step 3.)

*Please note: The username and password for the online job search tool may be different than the User ID and password you use to file your claim and complete certifications on the unemployment insurance online system.*

Contact your local Job Service office if you do not remember your job search username or password or if you need assistance completing your online resume.

3. For access to all our online services click the “Individual” link in Option 3 - Create User Account, and enter the required information in the registration fields. You must include your Social Security number when completing your resume to avoid having a stop placed on your claim.
4. You are now ready to create your resume. Simply click the “Create New Resume” link and follow the prompts. Your resume will remain active in the system for 90 days. If your resume is in the system for more than 90 days, you must update it in order to meet the registration requirements.

Not having an active resume may result in loss of benefits. If you reopen your claim, check your resume to ensure that it is accessible to employers.

Basic Eligibility Requirement: Eligibility Reviews

If you are not returning to the employer that laid you off and/or if you are required to search for work and make job contacts, you will be required to complete monthly eligibility reviews. You will be notified when each eligibility review is due.
Basic Eligibility Requirement: Reemployment Services

Job Service may require you to complete online reemployment services. If you are selected for these services, you will receive a notification letter that outlines the date the first reemployment service is due. Reemployment services can be completed any time prior to, but not later than, the assigned due dates. The sooner you complete your services, the better prepared you will be for your job search.

Reemployment services may include such activities as reading and reviewing employment-related information, attending workshops, or meeting with a case manager. You can view your required reemployment services and due dates on your “My To-Do List” calendar on the online system. To complete an online reemployment service, simply click the service and follow the instructions on your Reemployment Services Schedule page.

Sample “My To-Do List” Calendar

<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
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Coping with Job Loss – This is one of the reemployment articles you will be required to read if you are assigned reemployment services. Losing a job is a difficult experience. You will start the activity by clicking on the Coping With Job Loss link on your To Do List calendar. Next you will be routed to the reemployment services page to read the article and answer some questions.

Case Manager – You may be selected to work with case manager(s) who will work with you in your efforts to become reemployed. Job Service will notify you and provide instructions if you are selected for this service.
Employment Assistance
Job Service North Dakota professionals are available in your nearest Job Service Customer Service office to assist you in finding employment. These staff members can show you how to find information about job opportunities in your area and give you information about your skills and abilities and how they fit into your local labor market.

Disqualifications
You may have an issue placed on your claim and be disqualified from receiving unemployment insurance benefits for the following reasons:

Voluntary Quit
You may be disqualified from receiving unemployment insurance benefits if you quit work without good cause attributable to your employer. You will be ineligible for benefits until you return to work with another insured employer and earn eight times your weekly benefit amount.

Misconduct
You may be disqualified from receiving benefits if you are fired for misconduct connected with your work. You will be ineligible for benefits until you return to work with another insured employer and earn wages equal to or greater than ten times your weekly benefit amount. Grounds for being disqualified for misconduct include, but are not limited to: (a) the violation of a posted or known company rule, (b) insubordination, (c) theft, (d) destruction of company property, and (e) unexcused absences.

The law also provides that if you are discharged because of gross misconduct, you will be disqualified from receiving any benefits for a period of one year.

Labor Dispute
You may be disqualified from receiving benefits if your unemployment is related to a labor dispute. There are exceptions to this law so you should always apply for benefits to allow Job Service to make a formal decision on your eligibility.

Failure to Report, Failure to Respond to Requests for Information or Failure to Properly Claim Benefits
You may be denied benefit payments if you fail to report to a Job Service office as directed or if you fail to properly claim benefits. In addition, you may be denied payments if you fail to respond, without good cause, to requests for information by the requested due date.

Alien Status
You cannot receive unemployment insurance benefits if you are not a United States citizen or are not legally authorized to work in the U.S.
Not Available or Not Actively Looking for Work
You will be denied benefits for each week in which you are not available for work or are not actively seeking work. Your eligibility is determined week by week. You must actively search for work each week that you complete a weekly certification – including your waiting week. Begin your search the same week you apply for benefits.

Failure to Complete Reemployment Activities
Federal law requires Job Service North Dakota to identify individuals who are most likely to use all their unemployment insurance benefits and provide intensive reemployment services to them. These services may include testing, counseling, job search assistance activities, working with a case manager, and training. Job Service will notify you if you have been selected to participate in reemployment activities. Failure to participate may result in disqualification of benefits.

Refusal to Work
You will be disqualified from receiving benefits if you fail to accept suitable work offered to you or if you fail to apply for a job when directed to do so. You will be disqualified until you have obtained subsequent employment and earn wages equal to or greater than ten times your current weekly benefit amount.

School/Training
In general, you will be disqualified from receiving benefits if you are attending school or participating in a training program. In limited situations, however, Job Service North Dakota can approve unemployment insurance benefits for individuals attending full-time school or an approved training program.

In order to approve benefits while in training, the Request for Benefits While in Training form in the back of this guide must be submitted. Review the form and if you feel that you meet the requirements, work with a representative in a Job Service customer service office to complete the request. Adjudication staff will review your request and determine if you are eligible for benefits while in training.
Determinations

Job Service North Dakota determinations are official decisions regarding your eligibility for unemployment insurance. Determinations fall into two categories: monetary and non-monetary.

Monetary Determinations

Job Service will mail you a monetary determination letter after you apply for unemployment insurance. Your monetary determination outlines:

- Whether or not you are “monetarily eligible” (earned the appropriate wages during your base period to be eligible for benefits).
- The wages your employer(s) reported for you during your base period
- Your weekly benefit amount.
- The maximum benefit amount you are eligible to receive.
- Wages earned in another state, if applicable.

Your monetary determination should arrive within approximately five days from the date you filed your claim.

You can appeal your monetary determination decision in writing if you feel it is incorrect. The appeal instructions are included on the second page of your monetary determination. Please provide proof of earnings, such as paycheck stubs or W-2 tax forms with your appeal. If your claim includes military wages, federal civilian wages or wages earned in another state, you will receive a separate monetary determination letter when these wages are received.

Non-Monetary Determinations

Throughout the duration of your claim, you may receive non-monetary determination letters. The non-monetary determination letter(s) will state whether or not unemployment insurance benefits will be allowed or denied on your claim. Even if you may have earned sufficient wages in your base period to qualify for unemployment insurance, you can be disqualified for other non-monetary reasons.

Appealing a Determination

You have the right to appeal a determination made on your claim if you believe the law was applied incorrectly or all the facts were not considered.

Your appeal rights and time limits are explained in each determination you receive from Job Service North Dakota. **You must file your appeal within the time limit specified on the determination or you may lose your right to appeal.** You may file your appeal using the unemployment insurance online system, **UI ICE**, or complete and return the appeal form included with your determination.
Your appeal must be postmarked or received on or before the appeal period date specified on your determination. Contact the Appeals unit if you have questions about filing an appeal.

Job Service North Dakota provides two levels of appeal: first-level appeals and the bureau review. The next level of appeal after the bureau review is the district court.

**Important:** If you were denied benefits and have appealed the determination or decision, you must continue to certify your weekly eligibility and meet all other eligibility requirements while your appeal is pending. If the appeal decision is in your favor and you have met all other eligibility requirements, benefits will be paid for weeks you certified. No benefits will be paid for any weeks for which you did not certify in a timely manner.

**First-Level Appeals – Hearing Procedure**

Once you file your appeal it is sent for assignment to an appeals referee and for scheduling. When it is scheduled you will be sent a **Notice of Hearing** stating the date and time of the hearing. The notice includes other important information to help you with your appeal.

You may choose to have an attorney represent you. You are responsible for making your own arrangements if you elect to have an attorney represent you. Job Service does not provide attorneys or legal advice to any parties involved in a hearing. Notify the Appeals unit as soon as possible if you will be represented by an attorney to ensure they receive proper notification and any exhibits that will be used during the hearing.

Hearings are conducted primarily by telephone conference call. In certain limited cases, a hearing may be conducted in person if the referee determines one of the parties would not be able to properly present their case in a telephone hearing. Please note that the referee hearing your case will determine if the circumstances of the case are such that an in-person hearing is required.

You must call the Appeals unit at (800) 351-9098 ten minutes prior to your telephone hearing start time and provide a telephone number where you can be reached for the hearing. At the scheduled hearing start time, the referee will call all parties who have called in timely and conference them together for the hearing.

If you are scheduled for an in-person hearing, arrive at the hearing location no later than ten minutes prior to the hearing start time. The hearing location will be stated in your Notice of Hearing.

It is very important that you participate in the hearing as it is your opportunity to provide testimony in support of your position. The decision issued by the referee will be based primarily on testimony provided at the hearing. If you call or arrive late for your hearing, you may not be allowed to participate.
During the hearing, testimony will be taken under oath from all parties who are present. The referee will make every effort to help you present your case. You may also have witnesses testify on your behalf.

You will receive a written decision within seven to ten days of the hearing. Additional appeal rights and the time line to submit an appeal to the next level will be provided in the decision cover letter in the event you disagree with the referee’s decision.

**Bureau Review – Procedure**

If you disagree with the decision of the appeal referee, you may request a bureau review. As with the first-level appeal, there are time limits for filing your request for bureau review. The deadline for filing your bureau review request is specified on the cover letter of the appeal referee’s decision. The bureau review is a review of the first-level appeal decision and does not include a new hearing.

The bureau may elect to issue an Order Denying Review in cases where the first-level appeal affirms the original determination issued by the benefits section.

Once the bureau has reviewed your request, you will receive a written decision from the bureau or an Order Denying Review. You will need the decision or order if you choose to continue with judicial review of the determination.

Additional appeal information is available online at jobsnd.com.

**Benefit Payments: Debit Card or Direct Deposit**

The default payment option for unemployment insurance benefits is a ReliaCard® Visa® debit card. Unless you select to receive benefit payments by direct deposit, you will receive your debit card in a plain white envelope with an Indianapolis, IN return address. **Your card enrollment is created after you certify for your first payable week. It takes several days to create and mail your card.** Activate your card by calling the ReliaCard® Cardholder Services at 855-254-8962. You will be asked to enter your card number and the last four digits of your Social Security Number using the buttons on your touch-tone phone. You will also be asked to create a 4-digit Personal Identification Number (PIN). For security reasons, this PIN should not be the same as your unemployment insurance PIN.

The ReliaCard® can be used anywhere Visa® debit cards are accepted. You can make purchases or withdraw money without fees from U.S. Bank and MoneyPass Automated Teller Machines (ATMs) or from any teller at any Visa® member bank or financial institution. You can also view your account balance and transaction history online, by phone, email, text, or mobile application. Look at your mailed card packet for more information. You will receive a new card each benefit year; however, the money already deposited on previous cards will remain on the old card and can be used until the card expiration date.
You can check the balance on your debit card for no charge at www.usbankreliacard.com, by calling 855-254-8962 or at a U.S. Bank or MoneyPass ATM. Contact the ReliaCard® Cardholder Services at 1-866-276-5114 if you lose your card or have questions about card transactions.

You have the option to receive benefit payments by direct deposit. This can be done by phone or online. When choosing to have your payments sent to your checking or savings account, you will need to provide your routing and account numbers. To choose direct deposit by phone, select the “Change Payment Option” on the main menu and follow the prompts. To choose direct deposit online, select the “Payment Options” tab on the main menu and enter your financial information. The online and phone options are secure and your financial information is encrypted.

Job Service will deposit benefit payments to your ReliaCard® or direct deposit account within 2 to 3 business days* after you complete your weekly certification and are found eligible for payment. It’s easy to change your payment option and to update banking information. Simply go to the phone or online system again and make your changes. The changes will be in effect the next time you receive a payment.

Payment will be delayed if there is a holiday between the time you certify and the time you normally receive payment.

**Deductions from Weekly Benefit Payments**

Deductions may be made to your weekly benefit amount in some cases. Potential deductions include:

**Child Support**
Federal law may require Job Service to make deductions from your unemployment insurance payments to satisfy your child support obligation. Job Service North Dakota, acting under court order, cannot modify or change a withholding order. Contact the child support agency responsible for enforcing the obligation if a question concerning child support withholding arises. Once established, the child support withholding amount will remain in effect until it is changed or cancelled by the child support agency.

**Pensions**
Pension, retirement, annuity, or other similar periodic payments will reduce your weekly benefit payments if employers in your “base period” contributed to or maintained the pension plan. Pensions that may reduce your payment can include private employer and union pensions, state and local government pensions, federal civil service pensions (including disability pensions), military retirement pensions (non-disability and disability), and railroad retirement annuities. Nondeductible pensions include Social Security pensions and pensions based on the extent of disability or injury rather than length of service, such as, Veterans Administration service-connected disability compensation.

It is your responsibility to keep Job Service North Dakota informed of any changes in your retirement amount. Please notify us immediately when you receive a notice of benefit change from your pension source. Failure to do so may result in a substantial overpayment or underpayment of your unemployment insurance benefits.
Tax on Unemployment Insurance Benefits

Unemployment insurance benefits are fully taxable; however, income tax is not withheld from your unemployment insurance benefits unless you request withholding. Job Service North Dakota will withhold ten (10) percent of your gross amount for taxes if you request that federal taxes be withheld. Job Service can also withhold North Dakota state tax at a rate of two (2) percent of your gross amount, at your request.

You can change your tax withholding information online or by phone. Changes made will take effect for payments made after the date of your change request. Job Service North Dakota notifies the IRS of the amount of unemployment insurance benefits paid and taxes withheld at the end of each year. By January 31st of each year, Job Service North Dakota will mail a 1099-G statement to your last known address.

Notify Job Service of any address change, even if you are no longer claiming benefits. A copy of your 1099-G statement can be viewed and printed online. Simply choose the “Claim Info” tab on the main menu and select 1099-G.

Misrepresentation or Fraud

You will be disqualified from benefits, assessed at a 15 percent penalty and subject to criminal prosecution if we determine you made false statements, failed to report material facts or failed to report earnings in an attempt to collect unemployment insurance benefits. The disqualification period for misrepresentation or fraud is on year inability to draw unemployment insurance benefits from point of the fraud determination. In addition, if the misrepresentation or fraud results in an overpayment of unemployment insurance benefits, you will be assessed a 15 percent penalty of the total overpayment and be required to pay back principal, interest, court costs, and penalty assessed.

It is of upmost importance that you provide accurate and complete information to Job Service North Dakota.

Audits of Your Claim

Job Service North Dakota takes proactive steps to identify claimants who receive unemployment insurance benefits through false statements or the withholding of information. These steps include:

- Random quality control audits
- Internal audits of claim records
- Verification of return to work certifications
- Verification of earnings or job contacts
- Investigation of tips and leads from outside sources

Job Service will actively seek prosecution in cases where benefits were received fraudulently or by misrepresentation.
Benefit Overpayments

If you receive unemployment insurance benefits you are not entitled to, you have been overpaid. Some of the most frequent reasons for overpayment are:

- Failure to report your gross earnings correctly
- Disqualification – Being paid benefits and later being disqualified because eligibility requirements were not met
- Back pay – Being reinstated to a job, with pay, after a grievance hearing
- Misrepresentation – Deliberately failing to report all earnings from work while claiming unemployment insurance benefits.

Since the disqualification for misrepresentation may be imposed for up to two years or involve criminal prosecution, it is important that you give accurate information to Job Service North Dakota when requested.

Repayment of Overpaid Benefits

You must repay unemployment insurance benefits that Job Service later determines you were not entitled to receive. The overpayment may be repaid by lump sum payment or installment payments. Interest of 1.5 percent per month may be applied to overpayment balances. You may be released from liability if Job Service finds the repayment to be contrary to equity and good conscience. Call 701-328-2825 (TTY: 800-366-6888) to begin the waiver of overpayment process.

Glossary of Unemployment Insurance-Related Terms
State Agency: Job Service North Dakota  
Local Office: Central  
Contact Telephone Number: (701)328.4995

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<tr>
<th>Name (First, M, Last Name)</th>
<th>Social Security Number</th>
<th>Birthdate</th>
<th>Employer (Federal Agency Name)</th>
<th>3-Digit Code (from the SF8)</th>
<th>Dates of Employment</th>
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Place of Employment: Address (per the SF8)  
City  
State  
ZIP Code

| Gross Wages Received From the Above Agency (last 6 months with agency, BASE and LAG Period) | 
|-------------------------------|-------------------------------|
| QUARTER ENDING | GROSS WAGES | HOURS WORKED | WEEKS WORKED |
| $ | $ | $ | $ |
| Total | 0 | 0 | 0 |

Lump Sum Payments Received for Annual Leave  
Amount of Payment | Date of Payment | Amount of Leave | Effective Period of Annual Leave | 
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Severance Pay—Did you receive or are you entitled to receive severance pay provided by any federal law or agency-employee agreement? □Yes □No  
If yes, complete the following information:  
Weekly Amount | Number of Weeks | Total Entitlement $ | Severance Pay Period | 
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Pension: Are you entitled to receive a pension from any branch of the Federal Government? □Yes □No  
If yes, enter the gross monthly pension $  

Reason for Separation:  
I, the claimant, understand: 1) That penalties are provided by law for an individual making false statements to obtain benefits; 2) That any determination based on this affidavit is not final; 3) That it is subject to correction upon receipt of wage and separation information from the federal agency for which I worked; 4) That benefit payments made as a result of such determination may have to be adjusted on the basis of information furnished by the federal agency; 5) That any amount overpaid may have to be repaid or offset against future benefits.  
I, THE CLAIMANT, SWEAR OR AFFIRM THAT THE ABOVE STATEMENTS, TO THE BEST OF MY KNOWLEDGE OR BELIEF, ARE TRUE AND CORRECT.  

Signature  
Date
Acceptable Job Contact Check List

Primary Requirements
- There is a date of contract within the week review period (Sunday through Saturday of week end date)
- Employer Name is listed and is identifiable (the word unknown is not acceptable)
- Position applied for exists
- Application completed or resume submitted
- Method of contact exists (for each method type see the required information)
- An employer was not used more than twice in the review period
- Person contacted must have hiring authority
- Must be for a job you would accept if the employer offered you the job

Required information for each form of contact

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<tr>
<th>Via Phone</th>
<th>Via Mail/Fax</th>
<th>In Person</th>
<th>Via Website</th>
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<tbody>
<tr>
<td>Contact phone number</td>
<td>Full name and address of employer</td>
<td>Full name and address of employer</td>
<td>Valid website address used to submit application/resume</td>
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<tr>
<td>Contact name of person with hiring authority</td>
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<td>Contact name of person with hiring authority</td>
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<tr>
<td>Job title of person contacted</td>
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<td>Job title of person contacted</td>
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Job Contacts are NOT acceptable if:

- **You do not know the identity of the employer.** If you use an online recruiting service such as craigslist.com you must provide the name and address of the employer the job is with, not just the website you went on.
- **The in-person contact is with someone not in hiring capacity and you do not follow the method for applying for the job.** If the person refers you to file an online application, you must fill out the online application.
- **Phone job contacts.** Phone job contacts can ONLY be used if the employer advertises to contact them by phone
- **The contact is made for the purpose of obtaining self-employment**
- **You post a resume with an online recruiting firm like indeed.com without applying for a specific position.** You must be applying for a job with a specific employer.
- **The contact is for the same job you already used as a contact.** For example, you apply for a specific job one week and interview for the same job the next week.
- **Job contact used more than twice in a four week period.** An employer can only be listed as a contact twice in a four week period regardless of how many different jobs you apply for with the employer.
Job Contacts Record
JSND/Unemployment Insurance
SFN58789 (05-11)

Job Service North Dakota is an equal opportunity employer/program provider.
Auxiliary aids and services are available upon request to individuals with disabilities.

You must actively seek employment during the period you collect Unemployment Insurance (UI) benefits. After you file your UI claim, keep a record of the job contacts you make using this form. You may be asked to produce this record at any time.

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<tr>
<th>Date</th>
<th>Employer Name, Address, and Telephone Number</th>
<th>How Contacted</th>
<th>Person or Website Contacted</th>
<th>Position Applied For</th>
<th>Results</th>
<th>Application or Resume Submitted?</th>
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<td>☐ Not Hiring</td>
<td>☐ Pending</td>
</tr>
<tr>
<td></td>
<td>☐ In Person</td>
<td>☐ Telephone</td>
<td>☐ Mail/Fax</td>
<td>☐ Internet</td>
<td>☐ Not Hiring</td>
<td>☐ Pending</td>
</tr>
</tbody>
</table>

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<table>
<thead>
<tr>
<th>Date</th>
<th>Employer Name, Address, and Telephone Number</th>
<th>How Contacted</th>
<th>Position Applied For</th>
<th>Results</th>
<th>Application or Resume Submitted?</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>In Person</td>
<td>Not Hiring</td>
<td>Yes</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Telephone</td>
<td>Pending</td>
<td>No</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>Mail/Fax</td>
<td>Interviewed</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>Internet</td>
<td>Hired</td>
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<th>Person or Website Contacted</th>
<th>Position Applied For</th>
<th>Results</th>
<th>Application or Resume Submitted?</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>In Person</td>
<td></td>
<td></td>
<td>Not Hiring</td>
<td>Yes</td>
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</tr>
<tr>
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<td>Telephone</td>
<td></td>
<td></td>
<td>Pending</td>
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<td></td>
</tr>
<tr>
<td></td>
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<td></td>
<td></td>
<td>Interviewed</td>
<td>Yes</td>
<td></td>
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<tr>
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In **limited situations**, Job Service North Dakota can approve the receipt of unemployment insurance benefits for claimants attending school or an approved training program. North Dakota Century Code allows for the payment of benefits and provides specific instructions as to the approval process.

If you have been denied unemployment insurance benefits as a result of your attendance in a school or training program, you may be eligible to receive benefits, but only AFTER you have been approved to receive benefits while in training by Job Service North Dakota. In order to have your training approved, you must have this form completed and return it to the Unemployment Insurance Claims Center in Bismarck, North Dakota.

Section A should be completed by you and Section B must be completed by your Local Job Service North Dakota office.

Before requesting benefits while in training, please note that there are strict guidelines associated with approval. North Dakota Administrative Code 27-03-08-04, Approval of training or retraining programs; provides the necessary guidance for approval. In order to be approved for benefits while in training, ALL of the following requirements must be met:

1. No reasonable or suitable jobs are available in your area. Your training, experience, and physical capabilities are reviewed in determining whether reasonable and suitable work opportunities exist for you.

2. The training course must be designed to prepare you for **available** employment. The training must be in a field that fits your abilities.

3. The training must be conducted by an agency, educational institution, or employing unit which has been approved by Job Service North Dakota. **NOTE:** A list of eligible training providers in North Dakota is provided on jobsnd.com.

4. The training must be vocational in nature or short term academic training vocationally directed to an occupation or skill for which there are, or are expected to be, reasonable work opportunities available to you.

If after reviewing the requirements listed above, you feel that you meet the eligibility requirements for receiving benefits while in training, complete this form and return it to:

Job Service North Dakota  
Unemployment Insurance Claims Center  
PO Box 5507  
Bismarck, ND  58506-5507  

-Or-  

Fax to 701-328-2728  

Job Service North Dakota Unemployment Insurance staff will review the information you provide and give you with a determination of eligibility. This determination of eligibility may take up to 14 days to complete.
**SECTION A – TO BE COMPLETED BY CLAIMANT**

<table>
<thead>
<tr>
<th>Last Name</th>
<th>First Name</th>
<th>Middle Initial</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Social Security Number*</th>
<th>Customer Service Office</th>
<th>Proposed Training Facility</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
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</table>

<table>
<thead>
<tr>
<th>Length of Course</th>
<th>Course of Study</th>
</tr>
</thead>
<tbody>
<tr>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Date Classes First Started</th>
<th>Date All Classes Completed (Graduation Date)</th>
</tr>
</thead>
<tbody>
<tr>
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</table>

<table>
<thead>
<tr>
<th>Date</th>
<th>Claimant Signature</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**SECTION B – TO BE COMPLETED BY JOB SERVICE NORTH DAKOTA CUSTOMER SERVICE OFFICE STAFF**

Is claimant enrolled in and attending training under the Workforce Investment Act?  Yes _____ No ____

Prior Education /Training

Physical / Medical Restrictions

Reason For Career Change/Enhancement

**Claimant’s Prior Work Experience** – Indicate claimant’s relevant past work history

<table>
<thead>
<tr>
<th>Job 1 (Job Title)</th>
<th>Job 2 (Job Title)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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</table>

<table>
<thead>
<tr>
<th>Duties</th>
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<table>
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<tr>
<th>Rate of Pay</th>
<th>Rate of Pay</th>
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</table>

<table>
<thead>
<tr>
<th>Years of Experience</th>
<th>Years of Experience</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Is similar work available? Yes _____ No ____ (If yes, indicate employment below)

**Similar Employment Available** – Show available suitable jobs for the claimant

<table>
<thead>
<tr>
<th>Job 1 (Job Title)</th>
<th>Job 2 (Job Title)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
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</tbody>
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</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

How will training prepare individual for future employment?

Factors considered in determining individual’s ability to benefit from training ( test results, interest inventory, skills)

<table>
<thead>
<tr>
<th>Type of work expected</th>
<th>Rate of pay expected</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Is claimant willing to relocate after training, if necessary? Yes_____ No ____

Demand for new skills (list employment possibilities)

<table>
<thead>
<tr>
<th>Date</th>
<th>Customer Service Representative</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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</tr>
</tbody>
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## MEDICAL STATEMENT

**JSND/UNEMPLOYMENT INSURANCE**

SFN 41254 (R. 10-11)

### Name

<table>
<thead>
<tr>
<th>Social Security Number*</th>
</tr>
</thead>
</table>

---

**TO THE PHYSICIAN:**

As the examining physician of the above named individual, we appreciate your certification of your findings by answering the following questions:

<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Nature of medical condition, illness or disability (lay terms).</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. Date medical condition, illness or disability occurred</td>
<td></td>
<td></td>
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<tr>
<td>3. Patient under my care</td>
<td></td>
<td></td>
</tr>
<tr>
<td>From To</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. Date last examined</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. Did you advise the patient to quit their employment or remain away from their employment because of the above medical condition? If advised to remain away from employment, for what period of time? Start - Until</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>6. Has the patient been unable to work at any time due to the above medical condition? If yes, give dates: From To</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>7. Has the patient been released to resume employment? If yes, on what date?</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>8. If patient must now restrict the type of work, days or hours per week of employment, or place of work, please explain the limitation(s).</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

---

### Name of Physician

### Name of Facility

City, State, Zip

### Phone Number

### Physician’s Signature

Claimant’s Signature

### Date

---

**CLAIMANT’S RELEASE**

I herewith consent to the release of the above information to Job Service North Dakota with the understanding that it is for the confidential use of that agency in determining my eligibility for unemployment insurance benefits.

---

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Glossary of Unemployment Insurance-Related Terms

**Appeal**
A formal claimant or employer request to have a decision, determination, or notice reconsidered by the next higher level of authority.

**Base Period**
The first four of the last five completed calendar quarters immediately preceding the quarter in which you file your claim.

**Benefit Year**
The 52-week period beginning the first week in which you file an unemployment insurance claim.

**Benefit Year End (BYE)**
The claim-ending date.

**Bonus Pay**
Pay you receive in addition to regular pay.

**Certification**
The process used to verify that you were unemployed during the week and are eligible to receive a benefit payment; also known as Weekly Certification.

**Claim Week**
A period of seven consecutive days beginning at midnight Sunday and ending at 11:59 p.m. the following Saturday night.

**Combined Wage Claim**
A claim established using wages from North Dakota and other states.

**Covered Wages**
Wages paid to an employee by an employer who is required to pay unemployment insurance taxes.

**Duration**
The length of time you are eligible to receive benefits within a benefit year. The duration is calculated based upon wages you earn during each quarter of the base period.

**Eligibility Review**
A periodic review to determine your eligibility to receive unemployment insurance benefits.

**Excess Earnings**
Gross earnings that equal or exceed your weekly benefit amount.

**Issue**
An act, circumstance or condition which may prevent you from being eligible for benefits.

**Judicial Review**
A court review of a decision rendered at the bureau review level.
<table>
<thead>
<tr>
<th>Term</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Liable Employer</td>
<td>An employer that is required to pay unemployment insurance taxes on employee wages.</td>
</tr>
<tr>
<td>Maximum Benefit Amount (MBA)</td>
<td>The maximum total dollar amount of benefits you are eligible to receive within the benefit year.</td>
</tr>
<tr>
<td>Misconduct</td>
<td>Conduct showing a willful or wanton disregard of employer’s interests.</td>
</tr>
<tr>
<td>Monetary Determination</td>
<td>A written notice of eligibility for benefits based on covered wages you earned in the base period. It also reflects your claim’s maximum benefit amount, duration, weekly benefit amount, effective date and benefit year-ending date.</td>
</tr>
<tr>
<td>Monetary Eligibility</td>
<td>Eligibility for benefits based on wages you earned in the base period. The maximum and minimum benefit amounts are determined by law and are subject to change each year.</td>
</tr>
<tr>
<td>Non-Monetary Determination</td>
<td>A written notice of eligibility based on an issue decision which is not related to wages.</td>
</tr>
<tr>
<td>Notice of Claim</td>
<td>The notice an employer receives advising that a claim has been filed. The notice also asks the employer for details regarding your separation from employment.</td>
</tr>
<tr>
<td>Reemployment Services Schedule</td>
<td>A list that outlines the reemployment services you must complete and the time in which you must complete them.</td>
</tr>
<tr>
<td>Reopened Claim</td>
<td>A continuation of a claim where a break in filing has occurred and a balance remains on the claim.</td>
</tr>
<tr>
<td>Separation</td>
<td>A voluntary (initiated by the employee) or involuntary (initiated by the employer) leave from employment.</td>
</tr>
<tr>
<td>UCFE Claim</td>
<td>Unemployment Compensation for Federal Employees (UCFE) Claim; A claim in which some or all of your base period wages were earned in federal civilian employment.</td>
</tr>
<tr>
<td>UCX Claim</td>
<td>Unemployment Compensation for Ex-Service members (UCX); A claim in which some or all of your base period wages were earned through military employment.</td>
</tr>
<tr>
<td>Voluntary Quit</td>
<td>Termination of employment initiated by an employee.</td>
</tr>
<tr>
<td>Weekly Benefit Amount</td>
<td>The dollar amount you are eligible to receive during a claim week.</td>
</tr>
</tbody>
</table>
# Job Service North Dakota Office Locations

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
<th>Fax</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bismarck</td>
<td>1601 E Century Ave, Bismarck, ND 58503</td>
<td>701-328-5000</td>
<td>701-328-5050</td>
</tr>
<tr>
<td>Devil Lake</td>
<td>301 College Dr S, Devils Lake, ND 58301</td>
<td>701-662-9300</td>
<td>701-662-9310</td>
</tr>
<tr>
<td>Dickinson</td>
<td>66 Osborn Dr, Dickinson, ND 58601</td>
<td>701-227-3100</td>
<td>701-227-3111</td>
</tr>
<tr>
<td>Fargo</td>
<td>1350 32nd St S, Fargo, ND 58103</td>
<td>701-239-7300</td>
<td>701-239-7350</td>
</tr>
<tr>
<td>Grand Forks</td>
<td>1501 28th Ave S, Grand Forks, ND 58201</td>
<td>701-795-3700</td>
<td>701-795-3750</td>
</tr>
<tr>
<td>Jamestown</td>
<td>1307 12th Ave NE, Ste 3, Jamestown, ND 58401</td>
<td>701-253-6200</td>
<td>701-253-6222</td>
</tr>
<tr>
<td>Minot</td>
<td>3416 N Broadway, Minot, ND 58703</td>
<td>701-857-7500</td>
<td>701-857-7550</td>
</tr>
<tr>
<td>Wahpeton</td>
<td>524 2nd Ave N, Wahpeton, ND 58075</td>
<td>701-671-1550</td>
<td>701-671-1575</td>
</tr>
<tr>
<td>Williston</td>
<td>422 1st Ave W, Williston, ND 58801</td>
<td>701-774-7900</td>
<td>701-774-7925</td>
</tr>
</tbody>
</table>

TTY Relay ND 800-366-6888 7-1-1

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